

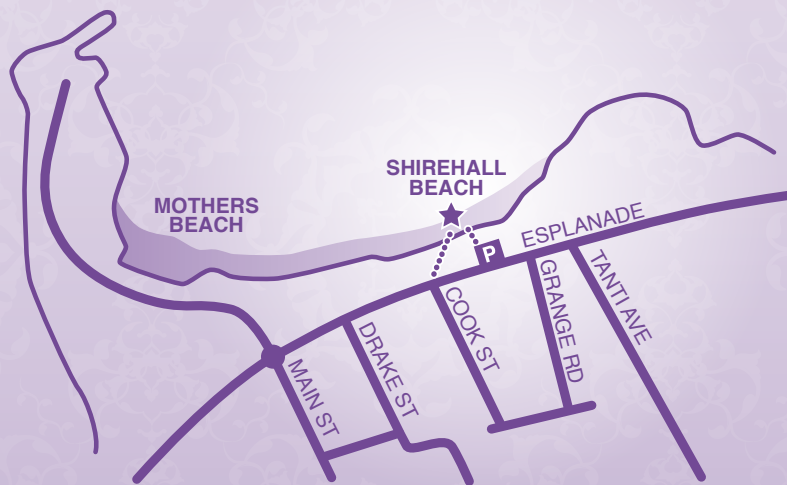
SYMPHISIS YOGA

with
Julia Symington

What's on...

Yoga on the Beach at Mornington

Shirehall Beach,
opposite Tanti Ave and Cook St



8.30-9.30am

Sunday December 4, 11 and 18,
& daily December 27 to January 8, 2012.

Cost \$15 per class, and \$10 for under 16's.

www.symphisisyoga.com.au or 0419 305 762

15/1140 Nepean Highway, Mornington 3931
Phone 5976 4675 or 0419 305 762
info@symphisisyoga.com.au
visit symphisisyoga.com.au

Acceptance through growth.

*The practice of yoga incorporating the spiritual values
of equality, non-judgement, honesty, and sharing.*